

Personal, Social, Health and Economic Education (PSHE)



Intent

At Grange Farm Primary School, our PSHE curriculum is designed to equip pupils with essential life skills that support their personal development, wellbeing, and preparation for life in modern Britain. We aim to develop the whole child — emotionally, socially, and morally — through carefully planned lessons that build **emotional literacy, resilience, self-awareness, and empathy**.

Rooted in our school values of *[insert your core values here — e.g., respect, responsibility, kindness, and resilience]*, PSHE underpins our commitment to nurturing confident, caring, and responsible citizens who make positive contributions to both their school and wider community.

Our curriculum is informed by **pupil voice** and **local context**, including analysis of the *My Health, My School Survey*, ensuring that teaching reflects the real experiences and emerging needs of our pupils.

We aim to:

- Promote healthy lifestyles and positive, respectful relationships.
- Develop understanding of **diversity, equality, and citizenship**.
- Support children in recognising and managing their **mental health and wellbeing**.
- Equip pupils with the knowledge and skills to make informed decisions and manage risk.
- Foster self-esteem, empathy, and social responsibility, enabling children to thrive in and beyond school.

Implementation

PSHE is taught through the **You, Me PSHE** and **MindMate** schemes of work, which are fully aligned with the **National Curriculum, statutory RSHE guidance**, and the school's wider curriculum intent. Lessons are delivered weekly in discrete sessions and reinforced through assemblies, themed weeks, enrichment opportunities, and cross-curricular links with subjects such as **Science, PE, and Computing**.

Key features of our implementation include:

- **Inclusive, age-appropriate resources and language** that reflect the diversity of our community.
- **Revisiting key themes** across year groups to build continuity, depth, and progression over time.
- A **“no ceiling” approach** to differentiation, ensuring accessibility for all pupils, including those with SEND and higher prior attainment.

- Establishing **safe, respectful learning environments** where pupils can discuss sensitive issues confidently, supported by ground rules and restorative practices.
- Engagement with **external agencies and community partnerships** to enrich learning and provide real-world relevance.

PSHE teaching is reinforced through the school's behaviour culture, wellbeing initiatives, and pastoral systems, ensuring that personal development is consistent and visible across all aspects of school life.

Impact

The impact of our PSHE curriculum is seen not only in pupils' knowledge but also in their **attitudes, behaviours, and decision-making**. While many outcomes are long-term and may not be immediately measurable, we assess impact through both qualitative and quantitative evidence, including:

- Ongoing formative assessment within lessons.
- Pre- and post-topic assessments to measure progress in knowledge and understanding.
- Pupil self-assessment and reflection opportunities.
- Teacher observation, discussion, and feedback.
- Behaviour, safeguarding, and wellbeing monitoring.
- Analysis of *My Health, My School Survey* outcomes to inform future planning.

By the time pupils leave Grange Farm Primary School, they will:

- Understand how to stay safe, healthy, and emotionally well.
- Demonstrate empathy, respect, and an appreciation of diversity.
- Communicate effectively and build positive, respectful relationships.
- Show resilience and make informed, responsible choices.
- Be equipped with the confidence and life skills to navigate challenges, embrace opportunities, and contribute positively to society.

Ultimately, our PSHE curriculum prepares children not just for academic success, but for **life** — empowering them to lead happy, healthy, and fulfilling futures.